

In the heart of my being. Father, I am one with You,
and I recognize You as Being, the Father of all.
You are Spirit, Omnipresent, Omnipotent, Omniscient.
You are Wisdom, Love, and Truth;
the power and substance and intelligence of which and through which all things are created.
You are the life of my spirit, the substance of my soul, the intelligence of my thought.
I am expressing You in my body and in my affairs.
You are the beginning and the end, the very All of the good which I can express.

The desire of my thought which is implanted in my soul is quickened by your life in my spirit;
and in the fullness of time, through the law of faith, it is brought into visibility in my experience.
I know that the good I desire already exists in Spirit in invisible form and but awaits the fulfillment of
the law to be made visible and I know that already I have.

The words which I now speak outline to You, my Father, that which I desire.
As a seed it is planted in the soil of my soul and moved upon by Your quickening life in my spirit.
It must come forth.
I allow only You Spirit—Wisdom, Love and Truth—to move in my soul.

I desire only that which is good for all and I now ask You, Father, to bring it forth.
Father, within me I ask to express Love, Wisdom, Strength, and Eternal Youth.
I ask to realize Harmony, Happiness, and Abundant Prosperity;
that I may have the understanding direct from You, of the method of bringing forth from the
Universal Substance that which will satisfy every good desire.
This is not for self. Father, but that I may have the understanding so that I may be of service to all
Your Children.

That which I desire is already in visible form. I form in mind only that which I desire.
As a seed begins its growth underground in the quiet and in the dark, so does my desire now take
form in the silent, invisible realm of my soul.
I enter my closet and shut the door.
Quietly and confidently I now hold my desire in mind as already fulfilled.
Father, I now await the perfect outpicturing of my desire.

Life And Teaching Of The Masters of the Far East. Baird Thomas Spalding. Book 2, Chapter 2.2