

O heart of my being, O All, I am one with you.

I am in you, through you and with you.

I recognize you as Presence and origin of all.

You are Spirit, omnipresent, omniscient.

You are Wisdom, Love, and Truth.

You are the power, the substance, and the intelligence from which all things were formed and through which they were created.

You are the life of my spirit, the substance of my soul, the intelligence of my thought.

I am expressing you in my body and in my activity.

You are the beginning and the end, the very All of the good which I can express.

The desire of my thought, implanted in my soul, is quickened by you in my spirit.

In the fullness of time and through the law of faith, it is brought into visibility in my experience.

I know that the good I desire already exists in spirit in invisible form and awaits only the fulfillment of the law to be made visible, and I know that I already possess it.

The words which I now speak outline to you the object of my desire.

It is planted as a seed in the soil of my soul and moved upon by your life in my spirit.

It must blossom, it must come forth.

I allow only your spirit—Wisdom, Love, and Truth—to move in my soul.

I desire only that which is good for all, and I now ask you to bring it to pass.

O heart of my being, O All, I ask to express love, wisdom, strength, and eternal youth.

I ask to realize harmony, happiness, and abundant prosperity.

I ask to receive my intelligence directly from you, in order to understand the method of bringing forth from the Universal Substance that which will satisfy every good desire.

And this, so that I may possess the intelligence that enables me to be of service to each one.

I ask to receive Truth and Life from you continually.

O heart of my being, O All, I open my temple to you and here give you my body, my speech, and my mind that I may express you; and I keep my soul to contemplate you eternally.

That which I desire is now made clear. I form in mind only that which I desire.

As a seed begins its growth underground in the quiet and in the dark, so does my desire now take form in the silent, invisible realm of my soul.

I enter my secret chamber and shut the door.

With quietness and confidence, I hold my desire in mind as though it were already fulfilled.

O heart of my being, O All, I now await in joy the perfect manifestation of my desire.