

O heart of my being, O whole, I am one with you.

I am in you, by you and with you.

I recognize your presence in every cell of my body and the life of my spirit.

You are consciousness, substance, and life that stand against the void.

You are Wisdom, Love, and Truth.

You are the power, the substance, and the intelligence from which all things were formed and through which they were created.

You are the life of my spirit, the support of my soul, the intelligence of my thought.

I am expressing you in my body and in my creative activity.

You are the beginning and the end, the very All of the good which I can express.

The desire of my thought, implanted in my soul, is quickened by you in my spirit.

In the fullness of time and through the law of faith, it is brought into visibility in my experience.

I know that the good I desire already exists in spirit in invisible form and awaits only the fulfillment of the law to be made visible, and I know that it will come through my faith.

The words which I now speak outline to you the object of my desire.

It is planted as a seed in the soil of my soul and quickened by your life in my spirit.

It must blossom, it must become manifest.

To this end, I allow only your spirit—Wisdom, Love, and Truth—to move in my soul.

I desire only that which is good for all, and I now ask that I may bring it to pass.

O heart of my being, O whole, I ask to express wisdom, love, strength, and eternal youth.

I ask to realize harmony, happiness, and abundant prosperity.

I ask to receive my intelligence directly from you, in order to understand the method of bringing forth from the Universal Substance that which will satisfy every good desire.

And this, so that I may possess the intelligence and strength that enable me to be of service to each one, who is in you.

O heart of my being, O whole, you are the totality of the living that stands against the void, and you are the substance of life that constitutes me entirely. Nothing sets us apart.

I open my temple to you and here give you my body, my speech, and my mind to express all the good that is in you; and I keep my soul to contemplate and love you eternally.

That which I desire is now made clear. I form in mind only that which I desire.

As a seed begins its growth underground in the quiet and in the dark, so does my desire now take form in the silent, invisible realm of my soul.

I welcome you into my secret chamber and shut the door.

With quietness and confidence, I hold my desire in mind as though it were already fulfilled.

O heart of my being, O whole, I dwell united in you in joy and await the perfect manifestation of my desire.