

bond

O whole, heart of my being, I am one with you.
I am in you, by you and with you.
I recognize your presence in the living that constitutes me entirely.
And I am a speck of dust in what I see of you.
But never separate.

all

You are all: interdependent arising, substance, and creative life that stand against the void.
All around me, you are the power, the substance, and the intelligence from which things are formed and through which they are created in my mind.
Within me, you are the continuous source and the ground of my existence, the life of my spirit, and the intelligence of my thought.
I decide that, through me, you are here wisdom, love, and truth.

practice

From where I am, I am expressing you through my body and my creative activity.
I seek to grow so that I may express you to the best of my ability and in truth.
For this, and through the vigilance of my mind, I strive at every moment to remain united with you in thought.
I allow only you—wisdom, love, and truth—to move in my mind.

law of desire and faith

The desire of my thought takes root in the soil of my existence.
In the fullness of time and through the law of faith, it is brought into visibility in my experience.
I know that the good I desire is already forming here and awaits only the fulfillment of the law to be made visible, and I know that it comes to me only through the strength of my faith in my desire.

my inner desire

This is my desire:
I want to possess the strength and intelligence needed to remain united with you in thought and in truth at every moment of my existence.
And I also want to be the temple in which you dwell here from this moment on.
And thus, in the fullness of time, life after life, I want to unite with you ever more.
In this calm and peaceful union, I see that I am only you looking at yourself, and I love you.

my outer desire

Through this perfect union, I see that I can be you expressing yourself here, and that is what I want to be.
United with you, I want to express here wisdom, love, and truth.
United with you, I want to realize here harmony, happiness, and abundant prosperity.
Here, I want to bring forth from the Universal Substance that which will satisfy every good desire.
And this, only to be of service to each one, who is also in you, by you and with you.

conclusion

That which I desire is now made clear. I form in mind only that which I desire.
With quietness and confidence, I strengthen our secret bond each day, so that you may be ever more present in me, by me and with me.

thanks

O whole, heart of my being, I thank you for my mind, I thank you for my speech, and I thank you for my body.

short version

O whole, heart of my being, I open to you the temple that you give me and make it your dwelling here.
I give you my body, my speech, and my mind to express here wisdom, love, and truth.
And I keep my existence to contemplate and love you eternally.